Community-supported agriculture (CSA) is a great way to invest in our farmers and support our local food economy.

# What is a CSA? A CSA farm

sells subscriptions or memberships and participants pay up front for an allotment of shares over a period of time, generally once per week for 14 to 20 or more weeks. Costs vary, depending on the products in the share and the number of deliveries included. Shares are typically delivered to a drop site, and CSA farms often have special opportunities for on-farm activities, weekly newsletters and other membership benefits.

Why Participate? CSAs are perfect for busy schedules and a great way to add variety and inspire new recipes. For the farmer, CSAs offer stability. Because members purchase subscriptions in advance, farmers can plan crops and respond to unexpected weather conditions, if needed. The shared risk between member and farmer is what creates a sense of community and a stronger connection to the farm.

Lots of Options: There are many types of CSA models offering everything from fresh produce to value added products. Half and full shares are often available.

**Sign up now:** Memberships are filling up quickly at this time of year so be sure to do your research and find the CSA that works well for you.

CSAs listed here support edible Louisville & the Bluegrass. If your CSA would like to be included next time, email ann.curtis@ediblelouisville.com.

# Support Community Agriculture



farm

Barr Farms 2440 Popham Road Rhodelia, KY 40161 What: certified organic vegetables, herbs, & pastured sustainable meats We participate in HARVIE, a website that connects farms with customers: www.harvie.

Counties Served: Greater Louisville area When: Multiple drop locations. Home delivery available.

Contact: Adam Barr & Rae Strobel; 859-608-6458; farmer@barrfarmsky.com; barrfarmsky. com



Family Farm Meat CSA 1513 E Carnes Mill Rd. English, IN 47118

What: pork, chicken, beef, and lamb Counties served: Jefferson, IN (pick-ups in Highlands and East end), Floyd, IN When: second and fourth Saturdays, Bardstown Road Farmers Market; second Wednesdays: Sojourn Community Church, New Albany, IN; and Lakshmi Farms, Anchorage KY.

Contact: Luke and Katherine Groce: 502-436-0311, info@grocefamilyfarm.com, grocefamilyfarm.com





#### Full Diet CSA from Pink Elephant Farm & Valley Spirit Farm

Henry County Farms Products: sustainably-raised vegetables, fruit, herbs, pork, beef, eggs, raw milk, yogurt, fermented vegetables, cooking fats, honey, bread When: Weekly Home Delivery Counties served: Jefferson, Oldham, Henry Contact: Jenny and Justin, 502-303-4432, pinkelephantfarmers@gmail.com PinkElephantFarm.com // ValleySpiritFarm.com



## Rootbound Farm

1500 Halls Hill Rd. Crestwood, KY 40014 Products: certified organic vegetables, herbs, and grass-fed lamb. Customizable shares. Counties Served: Jefferson, Fayette, Franklin When: Lots of pick-up options to choose from in Louisville, Crestwood, Frankfort, and Lexington

Contact: Ben Abell and Bree Pearsall bree@ rootboundfarm.com

Rootboundfarm.com



## Ashbourne Farms

What: Regular and Winter CSA, vegetables, herbs, berries, beef, pork, eggs Counties served: Jefferson, Oldham When: May thru November: Pickup Ashbourne Farms, and multiple locations in Oldham Co. and Louisville

Contact: Cathy Shepherd, 502-222-0602 info@ashbournefarms.com AshbourneFarms.com

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# FIELD DAY FAMILY FARM



#### Field Day Family Farm 201 Bullitt Ln.

Louisville, KY 40222 What: Each box is filled with seasonal vegetables and herbs, and on occasion: dried beans, and Grasshoppers products. Weekly newsletter offers suggestions for making the most of your share. Regular, extended, super, and winter CSAs available. Counties Served: Jefferson When: Highlands, Crescent Hill, and Farm (Hikes Point area) on Tuesdays, 5-8. Farm on Friday 5-8. Contact: Ivor Chodkowski, 502.608.9190, ivorachodkowski@gmail.com, FieldDayFamilyFarm.us

## Coulter's Good Earth Farm

206 Dugan Ln. Bloomfield, KY 40008 Products: vegetables, fruit, eggs, meat, and other farm products Counties: Jefferson, Nelson Contact: Chris or Amy Coulter, 502-221-0172, GoodEarthFarm@yahoo.com CoulterFarm.com

## New Roots Fresh Stop Markets

1800 Portland Avenue, Louisville, KY 40203 Products: certified organic and naturally grown vegetables, herbs, pastured meats & eggs Counties: Jefferson, Perry, Fayette, Meade KY; Floyd and Clark IN When: See website for dates Contact: Karyn Moskowitz and Mary Montgomery, 502-509-6770, info@newroots.org NewRoots.org

## **Swallow Rail Farm**

2340 Conner Station Road Simpsonville, KY 40067 Products: Kentucky grazed lamb, poultry and eggs Counties: Shelby and Jefferson Contact: Jeneen Wiche, 502-475-0998, JHWiche@gmail.com SwallowRailFarm.com